

## Driving directions to Wellness and Prevention Centers



### Arnold Building

1100 Fairview Ave. N.  
Seattle, WA 98109

### How do I find the right clinic?

The Wellness Center and Prevention Center are both located on Level E of the Arnold Building.

- If you are entering the Arnold Building from the front door, you are on Level 1. Proceed to the elevators and take them down two floors to Level E.
- If you are entering the Arnold Building from the parking garage, you are on Level D.
  - From the garage, go through the double doors.
  - Turn left to elevators.
  - Take the elevator down one floor to Level E.



### Wellness Center

When you arrive at Level E, follow the signs for the Wellness Center and look for the yellow entryway.

### Prevention Center

When you arrive on Level E, follow the hallway into the atrium. In the atrium you'll find a sign and the entrance to the Prevention Center.

### Need to contact us?

#### Prevention Center:

(206) 667-5416

[FredHutch.org/PrevCent](https://FredHutch.org/PrevCent)

#### Wellness Center:

(206) 606-6100

[FredHutch.org/Wellness-Center](https://FredHutch.org/Wellness-Center)



## Driving directions

### From I-5

- Take exit 167 for Mercer St./Seattle Center.
  - If you are northbound on I-5, you will exit I-5 from the far left lane.
  - If you are southbound, you will exit I-5 from the far right lane.
- As you exit, move to the far right lane.
- Turn right at the end of the ramp onto Fairview Ave. N.
- Veer right at the light, staying on Fairview Ave. N.
- Stay in the right lane and go through the traffic light at Aloha St.
- Turn right at the next intersection onto Ward St.
- The parking garage entrance will be on your right.

### Parking information

- Patients and their visitors can park for free in the Arnold Building parking garage, where designated visitor parking spots are clearly marked.
- The garage can be accessed from Ward St.
- Metered street parking is also available in the area. It is free after 6 p.m., Monday–Saturday, and all day Sunday.

### From the East via 520

- Take 520 west.
- Exit onto I-5 south.
- Follow the directions above from I-5.

### From the East via I-90

- Take I-90 west.
- Exit onto I-5 north.
- Follow the directions from I-5